

Are you a young mom?

Feeling
overwhelmed?

Feeling
alone?

Looking for a
supportive
community?



"Nurturing a community for young moms"

Time:

6pm - 8pm

Recurring Date:

The 2nd Thursday of every month

Place:

North Valley Senior Center
205 Nucleus Avenue, Columbia Falls

Contact Information:

Phone: 406-426-2535

Website: GatewayToHopeCFalls.org

Email: GatewayToHopeCFalls@gmail.com



Gateway to Hope

Come check us out!!

- Safe conversations
- Free food
- Fun events
- Building community
- Parenting resources

Children are welcome!!

Connecting people who are in similar circumstances

**What does
connection
mean?**

Human connection is the sense of closeness and belonging that a person can experience when having supportive relationships with those around them